

Fort Ann Central School 9-12 Lunch

November 2018

Menus are subject to change Lunch: Reg \$2.60 Tuesday Wednesday **Thursday** Monday Friday Shepherd's Pie **Grilled Cheese** Harvest of the Month: Adult Breakfast \$2.25 Dinner Roll Sandwich Adult Lunch \$3.80 **Sweet Potatoes** Daily Soup Creamy Tomato Soup Milk \$.60 Fresh Fruit & Veggie Daily Soup Bar Fresh Fruit & Veggie Bar Please Click Links Below for Nutrition Information **Taste Test Event** on Daily Options Thursday, November 8, 2018 **Daily Lunch Options:** Chicken & Cheese Pepperoni Pizza Spaghetti w/Meat Taco Bar w/ The 5 Cheeseburger Deluxe Pizza: Cheese Plus 1 Additional Variety Express: Roasted Sweet Potato Ouesadilla Cheese Pizza Sauce Works Chicken Patty on WG Bun; Chicken Nuggets w/WG Wedges Rice Pilaf Vegetable Pizza Garlic Breadsticks Rice Pilaf Dinner Roll, Peanut Butter & Jelly Served on WG Daily Soup Garden Salsa Daily Soup Garden Salsa Caesar Salad Fresh Fruit & Veggie Daily Soup Fresh Fruit & Veggie Steamed Corn Breads Two Grab-And-Go Entree Salads: (Served Daily Soup Bar Fresh Fruit & Veggie Bar Daily Soup Fresh Fruit & Veggie w/WG Rolls) Chicken Caesar Salad: Chef Salad with Bar Fresh Fruit & Veggie Bar Turkey and/or Ham and Cheese; Yogurt Parfait w/Fruit Bar and Granola or Daily Side Salad as an additional vegetable consisting of: 1 Cup Romaine Lettuce, **Beef Nachos Chicken Patty Roast Turkey French Toast Sticks** Spinach or Spring Mix with Carrots or other Seasonal 12 13 Sandwich Chef's Mashed Potato Real Maple Syrup Supreme Vegetables Rice Pilaf Garden Pasta Salad **Turkey Gravy** Sweet & White Students may take two fruit servings with each Hearty Stuffing Garden Salsa Daily Soup Homefries meal. They must take at least one to qualify for the Dinner Roll Twin Sausage Links Daily Soup Fresh Fruit & Veggie meal prices listed. Fresh Fruit & Veggie Bar Steamed Green Beans Daily Soup Bar PJ'sCranberry Sauce Fresh Fruit & Veggie Veteran's Day Bar Daily Pizza Options K-8 Deli Bar K-8 No School **Festive Dessert Today** Express Options Grab & Go Items **Meatball Sub Turkey & Biscuits** 23 21 22 Steamed Green Peas Crinkle Cut French Condiments Yogurt Parfait Meal Daily Soup Fries Fresh Fruit & Veggie Daily Soup Milk Fresh Fruit & Juice Fresh Fruit & Veggie Bar Bar Thanksqiving Brea Pay for meals online Go to Myschoolbucks.com 26 Dress Your Own Hot Taco Bar w/ The Pepperoni Pizza 29 Cheesy Ravioli Bake Taco Bar w/ The Cheese Pizza Garlic Breadsticks Dog Works Works Oven Crisp Tater Tots Rice Pilaf Vegetable Pizza Rice Pilaf Daily Soup Daily Soup Garden Salsa Broccoli Salad Fresh Fruit & Veggie Creamy Coleslaw Fresh Fruit & Veggie Daily Soup Daily Soup Bar Garden Salsa Fresh Fruit & Veggie Bar Fresh Fruit & Veggie Daily Soup Bar Fresh Fruit & Veggie Bar

Bar

Meal Prices Student Reduced Price for Breakfast & Lunch \$.25

Breakfast: Reg \$1.25

This institution is an equal opportunity provider.